

Asian Vegetables

English	Chinese (C) Mandarin (M)	Korean	Japanese	Vietnamese	Latin
Edible amaranth (callaloo, tampala)	hinn choy (C), xian cai (M)	chambirum	hi yu na	rau den do	<i>Amaranth mangostanus</i> <i>A. gangeticus</i>
Asian water celery or Water dropwort	shui qin (M)	minari	seri	cang nuoc, rau can nuoc	<i>Oenanthe stolonifera</i>
Asparagus bean or Snake bean	dau guak (C), cai dow (M)	gin kong	sassage	dua-dua	<i>Vigna unguiculato</i> var. <i>sesquipedalis</i>
Bitter melon	ku gua (M), fu gua (C)	ssunoi	ni ga uri	muop dang, khoqua	<i>Momordica charantia</i>
Bitter melon leaves	fu gua yip			fa khoquo	<i>Momordica charantia</i>
Burdock root	ngao pong (C)	uang	gobo		<i>Arctium lappa</i>
Chinese broccoli or Chinese kale	gai lan (C), jie lan (M)		kailaan	cai ro	<i>Brassica alboglabra</i>
Nappa cabbage, Pe-tsai or Chinese cabbage	siew choy (C), won bok (C) da bai cai (M), huan ya bai (M)	baechu	hakusai	Cai bac thao, cai dai	<i>Brassica rapa</i> var. <i>pekinensis</i> group
Chinese chives	gow choy (C), jiu cai (M)	buchu	nira	he	<i>Allium tuberosum</i>
Chinese cucumber	wong gua (C), huang gua (M)	oi		dua leo	<i>Cucumis sativus</i> var. <i>sativus</i>
Big leaf mustard	dai gai choy (C), da jie cai (M)	gat	karashina	cai zanh	<i>Brassica juncea</i> var. <i>involutus</i> ; var. <i>foliosa</i>
Chinese okra or Sponge gourd	guang dong si gua, si gua		shokuyou hechima, hechima	muop khia, muop huong	<i>Luffa acutangula</i> , <i>Luffa aegyptiaca</i>
Chinese squash/ pumpkin	nam gua (C), nan gua (M)	ho bak	kabocha	bi ro	<i>Cucurbita moschata</i>
Japanese pumpkin	yin du nan gua		seiyou- kabocha	bi	<i>Cucurbita maxima</i>
Chrysanthemum greens	tong hao cai (M), tong ho choy (C)	ssukgat	shungiku	tan o, cai cui	<i>Chrysanthemum</i> <i>coronarum</i>
Flowering edible rape	yow choy (C) you cai (M)	yuchaeip	aburana	cai ngot	<i>Brassica rapa</i> var. <i>oleifera</i>
Fuzzy squash	mao gua, jie gua (M), tsit gua (C)	ho bak	tohgan	bi chanh	<i>Benincasa hispida</i> var. <i>chieh-qua</i>
Edible mallow (mekokhia)				rau day	<i>Corchorus olitorius</i>

Asian Vegetables continued

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Red/green mustards	gai choy (C), jie cai (M)	gat	karashina	cai xanh	<i>Brassica juncea</i> var. <i>rugosa</i> ; var. <i>crispifolia</i>
Malabar spinach	lo kwai (C), san choy (C), zi luo kui (M), lu luo (M)		tsuru-murasaki	mong to'i	<i>Basella alba</i> , <i>Basella rubra</i>
Flowering Chinese leaf cabbage	choy sum (C), cai xin (M)		saishin	cai ngot non	<i>Brassica rapa</i> var. <i>parachinensis</i>
Flat flowering Chinese leaf cabbage	nai yow choy (C)				<i>Brassica rapa</i> var. <i>narinosa</i>
Rosette Chinese leaf cabbage	tak choy (C), wu ta cai (M)		tatsoi	cai tua xai	<i>Brassica rapa</i> var. <i>rosularis</i>
Purple mint, beefsteak plant	zi su (C)	dulketip	shiso	tia to	<i>Perilla frutescens</i> , <i>Perilla crispa</i>
Asian radish	lo bok(C), luo bu (M)	moo	daikon	cu-cai	<i>Raphanus sativum</i> <i>Longipinnatus</i> group
Potherb mustard	shui cai (C)		kyona, mizuna		<i>Brassica juncea</i> var. <i>japonica</i>
Salad rocket (arugula)					<i>Eruca vesicaria</i>
Snow peas	ho lan dow	wando	saya endo		<i>Pisum sativum</i> var. <i>macrocarpon</i>
Snow pea shoots	dow miu (C), dou miao (M)	wandusun	tohbyo		<i>Pisum sativum</i> var. <i>macrocarpon</i>
Thick petiole white Chinese leaf cabbage	bai cai (M), bok choy (C)	bok choy	shakushina	cai thuong hai	<i>Brassica rapa</i> var. <i>chinensis</i>
Thin petiole white Chinese leaf cabbage	pak choy (C), xiao bai cai (M)	pak choy	shakushina, chingensai (green stem)	cai trang laon	<i>Brassica campestris</i> <i>rapa</i> var. <i>chinensis</i>
Water spinach	tung choy (C), kongxin cai (M)	kongshim- chae	kankon, asa- gaona, ensai	rau muong	<i>Ipomoea aquatica</i>
Winter melon	tung kwa (C), don gua (M)		tohgan	bao	<i>Benin casa hispida</i>